



## DEPARTMENT OF THE NAVY

COMMANDER  
NAVY REGION, MID-ATLANTIC  
1510 GILBERT ST.  
NORFOLK, VA 23511-2737

IN REPLY REFER TO:

COMNAVREGMIDLANT/SOPA (ADMIN) HR  
INST 1020.1A  
Code 008  
24 SEP 2007

### COMNAVREG MIDLANT/SOPA (ADMIN) HAMPTON ROADS INSTRUCTION 1020.1A

From: Commander, Navy Region, Mid-Atlantic

SUBJ: UNIFORM POLICY AND REGULATIONS

Ref: (a) U.S. Navy Uniform Regulations, NAVPERS 15665I  
(b) NAVFACINST 1020.1  
(c) OPNAVINST 5530.14C/D CH-1  
(d) Marine Corps Order P1020.34

Encl: (1) Seasonal Chart - Basic Navy Uniforms  
(2) Summer/Winter Uniform Shift Dates for COMNAVREG MIDLANT States  
(3) Guidance for Military Attire  
(4) Guidance for Civilian Attire  
(5) Guidance for Commuting in Uniform

1. Purpose. To prescribe Navy uniforms and promulgate uniform policy and regulations for Navy personnel in Commander, Navy Region, Mid-Atlantic (COMNAVREG MIDLANT) area of responsibility (AOR). This instruction is a general regulation. Violation is punishable under Article 92(1), UCMJ.

2. Cancellation. COMNAVREG MIDLANT/SOPA (ADMIN) HRINST 1020.1.

3. Background. Reference (a) is the basic directive governing the wearing of uniforms and civilian attire by Navy personnel. COMNAVREG MIDLANT, as Regional Area Coordinator, is assigned responsibility for controlling uniforms and the appearance of naval personnel within the states of Connecticut, Delaware, Maine, Maryland, Massachusetts, New Hampshire, New Jersey, New York, North Carolina, Pennsylvania, Rhode Island, Vermont, Virginia (less Northern Virginia area assigned to COMNAVDIST Washington DC), and West Virginia, and for prescribing uniforms for the season, day, or special occasions, which provide the greatest uniformity of appearance.

#### 4. Information

a. Enclosure (1) provides a seasonal chart of Navy uniforms for summer and winter within COMNAVREG MIDLANT AOR. Enclosure (2) provides dates for seasonal uniform shifts for zones within the COMNAVREG MIDLANT AOR.

b. Enclosures (3) and (4) provide guidance in defining the proper wearing of military uniform and civilian attire for military personnel within COMNAVREG MIDLANT AOR.

c. Enclosure (5) provides guidance for wear of working uniforms while commuting to and from work.

d. The senior naval officer assigned to a joint command within the AOR may prescribe the appropriate uniform for attached naval personnel using Table 6-6-1 (Table of Service Equivalent Uniforms) of reference (a).

e. Headgear, outerwear, footwear, and accessories for uniforms in enclosure (1) shall be in accordance with reference (a).

f. Marine Corps personnel will wear appropriate uniforms as set forth in reference (d) and local directives.

5. General Regulations. As described in reference (a) and this directive, military personnel within COMNAVREG MIDLANT AOR shall be in authorized uniform or appropriate civilian attire and neatly groomed. Retirees and dependents, when on board a military installation, shall present a socially acceptable appearance.

6. Action. Commanders, Commanding Officers (CO), and Officers in Charge (OIC) shall ensure compliance with uniform regulations and grooming standards as set forth in reference (a) and this directive. Pride in appearance is the mark of a responsible military member and a prime indicator of morale and discipline in a command.



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**DEFINITIONS**

- P** = Prescribed Uniform - Prescribed for purposes of uniformity.
- A** = Alternate Uniform - Authorized in lieu of the prescribed uniform.
- O** = Optional Uniform - A uniform which is authorized but cannot be prescribed because it is not required by all personnel.
- X** = Working Uniform - Prescribed by competent authority for personnel engaged in work or activity significantly different from the general activities of personnel covered by the Prescribed or Alternate above.

**AUTHORIZED UNIFORMS**

**UNIFORM OF THE DAY**

<b><u>Officers and CPOs</u></b>	<b><u>Summer</u></b>	<b><u>Winter</u></b>	<b><u>Notes</u></b>
Service Dress Blue	A	P	
Service Dress White	P		
Winter Blue		A	
Summer White	A		
Service Khaki	A	A	1

**Enlisted E1-E6**

Service Dress Blue	A	P	
Service Dress White	P		
Winter Blue		A	
Summer White	A		

**WORKING UNIFORMS**

<b><u>Officers and CPOs</u></b>	<b><u>Summer</u></b>	<b><u>Winter</u></b>	<b><u>Notes</u></b>
Aviation Working Green	X	X	2
Winter Working Blue		X	
Working Khaki	X	X	
Camouflage Utilities	X	X	3
Coveralls	O	O	4
<b><u>Enlisted E1-E6</u></b>			
Utility	X	X	
Winter Working Blue		X	
Camouflage Utilities	X	X	3
Coveralls	O	O	4

**EVENING OFFICIAL (PROTOCOL) AND SOCIAL OCCASIONS**

<b><u>Male and Female Officers (04 and above)</u></b>	<b><u>Summer</u></b>	<b><u>Winter</u></b>	<b><u>Notes</u></b>
Formal Dress (white tie) (male only)	P/O	P/O	5
Dinner Dress Blue Jacket (black tie)		P	
Dinner Dress White Jacket (black tie)	P		
<b><u>Male and Female Officers (03 and below)</u></b>			
Formal Dress (white tie)	O		5
Dinner Dress Blue Jacket		O	6
Dinner Dress White Jacket	O		6
Dinner Dress Blue		P	6
Dinner Dress White	P		6
<b><u>Male and Female Enlisted</u></b>			
Dinner Dress Blue Jacket		O	6
Dinner Dress White Jacket	O		6
Dinner Dress Blue		P	7
Dinner Dress White	P		7

**FORMAL MILITARY CEREMONIES**

<b><u>Officers and CPOs</u></b>	<b><u>Summer</u></b>	<b><u>Winter</u></b>	<b><u>Notes</u></b>
<b><u>Participants</u></b>			
Full Dress Blue		P	8
Full Dress White	P		8
<b><u>Non-participants/guests</u></b>			
Service Dress Blue		P	8
Service Dress White	P		8
Summer White	A		9
<b><u>Enlisted E1-E6</u></b>			
<b><u>Participants</u></b>			
Full Dress Blue		P	8
Full Dress White	P		8
<b><u>Non-participants/guests</u></b>			
Service Dress Blue		P	8
Service Dress White	P		8
Summer White	P		9

**NOTES**

1. Worn in summer/winter for office work, Watchstanding, liberty, or business ashore when prescribed as uniform of the day.
2. Aviation Greens are authorized to be worn when engaged in work at aviation activities, flying, or aboard vessels servicing aircraft.
3. Limited to those authorized by reference (c).
4. The coverall uniform is designed to be the principal underway uniform of the day. When worn in port, it is subject to the following restrictions. When worn aboard ship, coveralls may be worn on the pier in the immediate vicinity of the ship. Ashore, (i.e. SIMA, squadrons, and industrial working environments) coveralls may be worn in the immediate workspaces only.

Shore Installation COs may additionally authorize the wear of the coverall uniform to and from base galleys or any other eating facility within the fence line of the installation (fence line is defined as inside installation access gates), and at personnel support detachments while in a duty status. The CO may authorize the wearing of a command patch on the right pocket. The U.S. Flag patches, as well as any additional patches, are prohibited on the coverall uniform. The Navy blue coverall uniform is not authorized for wear other than detailed in this paragraph and under no circumstances may it be worn in either an official or unofficial capacity outside the confines of a military installation, including NEX, commissary, medical, and dental facilities.

5. Required for Captains, Flag officers, and other officers assigned to duty where required by protocol, otherwise, optional for all officers.

6. Dinner Dress Blue/White Jacket not required for Lieutenant and below (including enlisted), but may be purchased by all hands and worn at the individual's option. Dinner Dress Blue/White may be required in lieu of Formal and Dinner Dress jacket uniforms.

7. Jumper style uniforms may be worn with miniature or large medals to form Dinner Dress Blue/White or Full Dress Blue/White.

8. Additional uniform items that are authorized for female officers/CPO/E1-E6: Slacks belted and unbelted.

9. At command discretion, Summer White is authorized as an alternate uniform to accommodate weather and location considerations. However, it is emphasized that the Service Dress uniform is the desired standard.

**Summer/Winter Uniform Shift Dates for COMNAVREG MIDLANT States**

1. Due to the large area of the Mid-Atlantic Region, two zones have been established for the summer and winter uniform shifts. The zones are defined as follows:

a. Zone 1: Includes the states of North Carolina and Virginia.

b. Zone 2: Includes the states of Connecticut, Delaware, Maine, Maryland, Massachusetts, New Hampshire, New Jersey, New York, Pennsylvania, Rhode Island, Vermont, and West Virginia.

2. Summer uniform shift for the Mid-Atlantic Region will take effect as follows:

a. Zone 1: Will change into the summer uniforms at time 0001 the second Monday of the month of April.

b. Zone 2: will change into the summer uniforms at time 0001 the last Monday of the month of April.

3. Winter uniform shift for the Mid-Atlantic Region will take effect as follows:

a. Zone 1: Will change into the winter uniforms at time 0001 the third Monday of the month of October.

b. Zone 2: Will change into the winter uniforms at time 0001 the first Monday of the month of October.

Note: See enclosure (1) for identification of primary, alternate, and optional uniforms for each season.

**GUIDANCE FOR MILITARY ATTIRE**

1. General Regulations for Wearing of Uniforms

a. The uniform of the day will be worn when personnel are not required to be in a working uniform. The uniform of the day is prescribed for administrative offices, Watchstanding, liberty, and normal conduct of business ashore. Whenever possible, personnel will be in the same uniform for purposes of consistency in appearance.

b. Service Dress uniforms, as appropriate for the season, are to be worn at all official functions where Formal Dress or Full Dress uniforms are not prescribed and the civilian equivalent is coat and tie.

c. Female personnel are authorized to wear slacks, belted or unbelted. Reference (a) specifies proper component match and maternity uniform guidance.

d. Naval aviators, pilots, flight officers, undergraduate pilots, NFOs, flight surgeons, Aerospace Experimental Psychologists, and Aerospace Psychologists may wear leather flight jackets with Service Khaki, Working Khaki, Winter Blue, Winter Working Blue, Aviation Working Green, Uniform coveralls, and flight suits. If wearing Aviation Working Green, the option is provided to wear either the flight jacket or the green uniform blouse. Additionally, enlisted air crewmen in flight status are authorized to be issued, and wear, leather flight jackets after completing qualifications and receiving aircrew wings. Eligible enlisted aircrewmen, E7-E9, are authorized to wear leather flight jackets with Service Khaki, Working Khaki, Winter Blue, Winter Working Blue, Aviation Working Green, and flight suits. Eligible E6 and below enlisted aircrewmen are authorized to wear leather flight jackets with Utilities, Winter Blue, Winter Working Blue, and flight suits. The flight jacket will be worn in the same manner and fashion as prescribed for black jacket and working jacket.

e. Organizational Clothing

(1) Organizational clothing is defined as any clothing that is issued to an individual by a naval activity on a loan basis. Organizational clothing is authorized for wear with working uniforms only when the actual performance of duties for which the organizational clothing is designed (Article 6801,

reference (a) pertains). Organization clothing is not authorized for wear outside of the fenced area of flight lines and immediate pier area or controlled pier area. Exceptions by COs are permitted in the case of organized working parties, such as line handlers, loading stores, tree-planting details, aircraft repairs, and disaster assistance. It should be noted that the CO's authority to permit the wearing of the organizational clothing begins with the start of the particular job and ends with the completion of the job.

(2) Flight Suits. Flight suits may be worn by aircrew members and individuals engaged in flight or flight-related duties during that working day. This authorization does not include ground support, non-aircrew maintenance, or non-aircrew support personnel. Flight suits may be worn to/from home and work to include brief and appropriate stops in accordance with enclosure (4), on military transport aircraft, and to official business meetings away from home station when the wear of flight suits is appropriate for transportation, or for the level of meeting (i.e., working meeting). Allowances for flight clothing and flight deck clothing are established by Commander, Naval Air Systems Command (COMNAVAIRSYSCOM), and published in NAVAIRSYSCOM Allowance Lists. Flight suits shall be clean and well kept. Sleeves will be worn full length with hook and pile (velcro) sleeve cuffs closed or with a maximum of two outward rolls when not engaged in flight operations. All zippers will be closed and FOD flaps will be closed on pen pockets.

(3) Flight Suit Footwear. Standard issue black leather flight boots or flight approved black, brown, or tan boots with matching laces. Brown boots may be worn by E-7 and above in flight suits. Flight boots are to be clean, well shined, and in good repair. Lace shoes from inside out through all eyelets and tie. Socks will be either 100 percent cotton, 100 percent wool, or special use socks as approved by NAVAIRSYSCOM. Socks shall be sage green or white with no visible stripes or logos. This footwear is only authorized in flight suits as indicated in paragraph 6803 of reference (a).

(4) Flight Jackets. Sage Green (CWU-45/36) Jacket may be worn with flight suits, but are not authorized for wear off-base. Sage green jackets may also be worn with Working Khaki, Utilities, and other working uniforms in fenced area of flight lines and immediate pier area or controlled pier area if issued by the command. Sage green jackets are not authorized with any service uniform (with ribbons). The jacket will be worn with

the zipper zipped at least three quarters of the way. Jacket shall be maintained in a clean and serviceable condition. If torn, stained, or frayed beyond reasonable repair, it should be exchanged for a new jacket.

f. Working uniforms are authorized for wear at all times except during base church services, at base movies, and in base clubs after 1800. Military members attending these activities will be in prescribed uniform of the day or appropriate civilian attire.

g. Coveralls, during the summer uniform period only, may have sleeves rolled with the inside out, forming a roll approximately 3 inches wide, and terminating at a point approximately 2 inches above the elbow. Coveralls are not authorized when riding motorcycles or bicycles. Coveralls will not be unzipped and sleeves tied around the waist at anytime.

h. Shirt, Utility (E6 and below). Long sleeve shirts will not have sleeves rolled-up. The optional short sleeve shirt is available if short sleeves are desired and authorized by the local Commander. The removal of this shirt as part of the working uniform is not authorized at any time.

i. All military clothing items will be clearly and legibly marked to confirm ownership as prescribed in chapter 7 and 8 of reference (a). Uniforms that are torn, frayed, ripped, excessively dirty, or mutilated will not be worn, and should be discarded.

j. "NAVY" and authorized command ball caps may be worn anywhere the Working Uniform is authorized. All command ball caps shall be standard Navy Blue color, and command name/designation/logos may be in command traditional color. In accordance with NAVADMIN 145/99, authorized command ball caps are approved for optional wear with service uniforms (service khaki, summer white, and winter blue) on board ship and pier in immediate vicinity of ship, and ashore within the building of immediate workspaces and offices. Command ball caps are not authorized for wear with service uniforms other than detailed in this paragraph.

**Note:** Hard hats are not part of the Navy uniform, but may be prescribed by Commanders and COs for safety wear in hazardous areas, i.e., shipyards, IMAs, suspended load areas, etc. Hard hats will be replaced by the prescribed cover for the uniform worn when departing these areas.

k. Naval personnel are authorized to wear protective clothing with the uniform on or off-base while operating and riding as a passenger on any two-or three-wheeled vehicles, and while proceeding to and from its parking area to duty station. The following personal protective equipment (PPE) is mandatory for all persons riding, or riding as a passenger, on a motorcycle on or off-base:

(1) A properly fastened (under the chin) protective helmet certified to meet U.S. Department of Transportation (DOT) standards. Fake or novelty helmets are prohibited.

(2) Properly worn eye protective devices (impact or shatter resistant goggles or full-face shield properly attached to the helmet). A windshield, fairing, or eyeglasses alone are not proper eye protection.

(3) Properly worn long-sleeved shirt or jacket, long-legged trousers and full-fingered gloves or mittens designed for use on a motorcycle.

(4) Sturdy footwear is mandatory. Leather boots or over the ankle shoes are strongly encouraged.

(5) A brightly colored outer upper garment during the day and a reflective upper garment during the night. The outer upper garment shall be clearly visible and not covered. Military uniforms do not meet these criteria.

The procurement of this type of clothing is the responsibility of the individual. Stowage of protective clothing on board ship will be dependent upon availability of space and will be at the discretion of the CO. Unit identification jackets or windbreakers are not considered protective clothing. Rain suits and snowsuits are authorized.

l. Knit Watch caps are authorized for E-6 and below personnel only and may be authorized aboard ships, in the immediate pier, and within flight lines by COs.

m. Service Dress Blue is authorized year-round for travel and for social occasions where the appropriate civilian attire is coat and tie.

n. Unit identification marks shall be worn by male and female enlisted personnel, E-6 and below, on jumper style uniforms, white short sleeve shirts, and winter blue shirts, in accordance with Article 9225 of reference (a).

o. Uniform Policy for Periods of Travel

(1) When traveling in uniform on leave, TAD, transfer, etc., the Service Dress Blue uniform may be worn during any session of the year.

(2) If traveling within a geographic area, either the uniform of the day of the area or Service Dress Blue will be worn as a travel uniform.

(3) If traveling between geographic areas, either the uniform of the day as prescribed for the destination or Service Dress Blue shall be worn as the travel uniform for the entire trip.

p. Jackets and windbreakers shall be worn zipped at least three quarters of the way up the front of the jacket. Collar button shall be buttoned back when not in use.

q. Overcoat (blue) shall be worn with all buttons buttoned with exception of the collar button. Collar button may be buttoned in inclement weather.

r. All-weather coats shall be worn with all buttons buttoned with exception of collar button. Collar button may be buttoned in inclement weather.

s. Camouflage Utility Uniforms may be worn by those activities designated in article 6802 of reference (a). The camouflage utility shirt is to be worn outside the waistband of the utility trousers. During the summer uniform period only, sleeves may be rolled up with the inside out, forming a roll approximately 3 inches wide, and terminating at a point approximately 2 inches above the elbow.

t. Desert Camouflage Utility Uniforms may be worn by Sailors currently training and preparing for deployment into the NAVCENT and other AORs as appropriate.

u. Military Smartness. Smoking, eating, and/or drinking beverages by personnel in uniform while transiting as a pedestrian is prohibited with the following exceptions: eating, and/or drinking beverages are permitted in the immediate vicinity of vending machine stands. Smoking is authorized only in authorized smoking areas.

(1) Cell Phones. Only one Navy-issued wireless communication device may be worn on the belt of the working and service uniform and must be placed on either side aft of the elbow. Devices will not be visible from the front and worn in such a manner as to impede the normal wear and appearance of the uniform. Navy and personal cell phones may only be utilized when standing still, not transiting, and the individual must be able to render proper military courtesy. Cell phones are not authorized when driving on military installations. Wireless communication devices are not to be worn in such a manner as to be visible when wearing dress uniforms.

(2) Blue Tooth Cell Phone Devices and Headphones. The wearing of *Blue Tooth*-type ear pieces and head phones are not authorized when in uniform to ensure the safety of all concerned.

**GUIDANCE FOR CIVILIAN ATTIRE**

1. The following guidance concerning the wearing of civilian attire has been established:

a. Officers and enlisted personnel are permitted to have civilian clothing aboard ship and at naval activities ashore. Such clothing may be worn while leaving or returning to ships or stations while awaiting transportation after permission to leave the ship has been given, while on authorized leave of absence, liberty, or in any off-duty status on shore.

b. When civilian clothing is worn, naval personnel shall ensure their dress and personal appearance is appropriate for the occasion and will not bring discredit upon the naval service. Civilian attire will be in good taste, clean, in good repair, and pressed. Profanity, pornography, or advocacy of drug usage on clothing is not allowed. Clothing may not be sexually provocative, suggestive, or depict racial comments, vulgarities, or display offensive language. Current styles and fashions are authorized as long as they provide a respectable appearance. Undergarments will at no time be exposed. Tank top shirts, white undershirts (including "tie-dyed") worn as outer garments, cut-off shorts, and shower sandals are appropriate civilian attire only for occasions such as picnics, athletic events, PT, and other daytime activities of an extremely casual nature. When engaged in PT, a shirt will be worn at all times. The above items will not otherwise be worn within the confines of military installations and/or facilities.

c. As an administrative measure, individual commands may suspend the privilege to wear civilian clothing to and from the command in cases of individuals who fail to wear civilian clothing as outlined in this instruction, or who fail to maintain proper and adequate uniforms.

d. Only those articles of the military uniform which do not present a unique marking or a distinct naval appearance, such as shoes, socks, gloves, and underwear may be worn with civilian attire by military personnel. Peacoats with or without rating badges, bridgecoats, overcoats, sage green flight jackets, foul weather jackets, and other organizational clothing are not authorized for wear with civilian attire.

e. Dependents are granted access to military installations upon application by the sponsoring military member and are accorded the privilege of using facilities provided for service personnel. While on board, dependents are required to conform to the dress code outlined in this instruction. All personnel, whether active duty, dependents or retirees, are required to comply with the civilian dress requirements established in this instruction while on board military installations. Those not meeting these standards may be denied access to the facilities.

COMMUTING

1. The following guidance concerning the wearing of civilian attire has been established:

a. General. The prescribing authority may authorize Working Uniforms, except Navy Blue Coveralls, for commuting to and from work. Commuting is defined as a direct route from place of residence to place of work by means of a private vehicle, to include all travel aboard DOD-owned/controlled aircraft.

b. Authorized Brief Stops. Working Khakis, Utilities, Winter Working Blues, Flight Suits, and Camouflaged Utility uniform may also be worn for brief and appropriate stops off-base during duty hours or while commuting to and from place of duty, such as: (1) when dropping-off/picking-up children from daycare centers or school; (2) obtaining gas or other essential driving aids (wiper blades, snow chains, fluids, lights, etc.); (3) picking-up/dropping-off dry-cleaning; (4) automatic teller machines; (5) picking-up vehicles at repair shops or gas stations; (6) at drive-through windows where exiting the vehicle is not required; (7) at a convenience store or drug store solely for the purchase of emergency childcare or health products (milk, diapers, medicine, etc.); and, (8) business conducted in financial institutions.

c. Unauthorized Stops. Sailors are prohibited from wearing the above working uniforms as a liberty uniform off-base or during inappropriate circumstances such as: (1) at restaurants, pizza parlors, bars, lounges, etc.; (2) when dealing with public officials (police, courthouse, attorneys); (3) while attending classes or activities, or conducting business at education facilities; (4) at commercial airports/bus stations for travel or entering pick-up/drop-off passengers; (5) at retail/rental stores, shopping malls, and shops for shopping or paying bills; (6) at grocery stores/supermarkets; and, (7) at movie theaters, mini-golf, or other similar entertainment/recreational or sporting activities.

d. Organizational Clothing. Wearing of organizational clothing, except flight suits, brown leather flight jackets, and camouflage uniforms, is not authorized while commuting.